



# INSTITUTE OF MEDICAL SCIENCES

(Approved by Govt. of Punjab, Punjab Nurses Registration Council Chd.  
& Indian Nursing Council, New Delhi )



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*We are*

*the*



*of*

*Community*

## ABOUT US

**Rehbar Institute of Medical Sciences** has been established under the aegis of Rehbar Foundation(Regd.), Bhawanigarh. The RIMS has been established with the sole aim of providing qualitative professional education at the most affordable cost to all deserving.

The society has been promoted by a group of professionals, doctors and social workers with a crystal clear vision to help & upliftment of the poor & downtrodden specially feminine gender of this educational backward area providing all means of professional & traditional education at their home at affordable cost as well. The society is working to fill the gender gap & making the students of the area at par with forward area students through diffusion of education & awareness.

The society has a very dynamic & great visionary Dr. Mohd. Shafique Khan as its Chairman. The core aim of the society is to disseminate the professional & medical qualities in the students so that they may emerge as a successful person in the highly competitive world. Apart from academic excellence the moral & ethical values be inculcated to make the students a sincere, honest & most civilized person of the society.

The menace of unemployment has forced the society to adopt the professional education. In the changing socio-economic scenario of the world specially developing countries the significance & need of better health services increased manifold. We are lacking much regarding trained medical professionals & infrastructure. In this era the nursing courses are empowering the students specially Girls to roam high head in this highly competitive world. This also satisfies the aims of the society, forcing the society to open a nursing institution with state of the art modern infrastructure.

The latest technology & techniques has totally changed the facet of Medical, Nursing & Health education. The education has become a blend of the technology, practical approach & human values as well. To keep pace with changing facet of Nursing education we have adopted all the modern practices & technology i.e. A.V.Aids, Seminars, Internet, E-Journals, Interaction with Professional, Professional Trainings at best institutions of Punjab etc. The institution have tie-up for clinical, practical, community health with Punjab Government Health Institutions at Patiala, Sangrur, Nabha, Samana, Sunam. Apart from these the institution has strong relations with highly esteemed private health institutions.



## DIRECTOR'S VISION & MISSION



***Dr. Mohd. Shafique***

Our vision is to set up a health and education hub with world class infrastructure and ingenious intellectual capital that enhances the educational, economic, healthcare, social and cultural foundations of the region, state and nation.

### ***College Mission***

- To prepare nurses with a sound educational programme so as to enable them to function efficiently as a member of a health team in different health care settings.
- To prepare nurses who can make independent decision in nursing situation and facilitate innovative approaches in scientific health care system.
- Conduct research studies in area of excellence in nursing education with a view to generate new perspective and to serve as a basis for higher nursing education.
- To impart high quality education and create an atmosphere most conducive for pursuit of knowledge.
- To inculcate a sense of self discipline and motivate the students to be self starters.
- To create an infrastructure that ranks on par the best in the field
- To develop tie-ups with renowned institutions/Universities for student and faculty exchange programme.

## Infrastructure

**Rehbar Institute of Medical Sciences** boasts of having infrastructure of latest technology, at par with the best institution of nursing education o Punjab. The Management is of the society of the vision to provide the ever best infrastructure & to equip the institute with the latest infrastructure & gadgets required for nursing education & practical exposure.

**Tutorial Rooms :** The Institute has spacious and airy tutorial rooms equipped with various audio-video aids. Thus to ensure effective teaching, conducive teaching environment is being provided in the tutorial rooms.

**Labs :** To provide the students the best of practical exposure the Institute has developed sophisticated labs equipped with instruments of latest technology. To cater the need of the courses & to equip the students with modern practical techniques of nursing the separate labs for community health, nutrition and nursing art computer lab has also been established to make them able to compete in profession.

**Library :** "Library is the soul of the institution.

Being inspired from the quotation the institute has developed a fully state of the art library, which is equipped with all the latest books Indian as well as by Foreign authors and CD's. To make the students able to compete in this world of great competition various journals, periodicals, magazines, daily newspapers are subscribed. Most important feature of the library is its cool & encouraging study environment.

**Faculty :** The Institute boasts of possessing highly qualified, experienced & dedicated faculty for all the subjects. To cater the need of theoretical as well as practical exposure of the course thoroughly professional & dedicated faculty. To make the students aware with latest developments & changes in the profession, distinguished experts of the area are being invited frequently, as resource personnel for conduct of seminars, conferences & symposia. To improve communication skills of the students regular presentations, group discussions, regarding problems & latest development in the profession, are also being organised.



**Computer Lab :** We have a fully furnished, highly sophisticated labs with all new Pentium systems. All the systems are networked and catered by a server viz Windows NT Server. You can access your login from any system in the college and can also work on any operating system by sitting on any machine. All the Systems are backed by UPS.

**English Speaking :** English speaking classes are conducted as a part of personality development classes. Such classes are held to help the students in their course studies as well as to groom them so that they can compete in their respective fields.

#### **Human Resource Development (HRD) Cell :**

We believe that only technology which cannot be copied by any organization, is human resource technology, How can one copy the habits of self starters, the leaders and pioneers. To unearth One's potential we have this exclusive department programs in collaboration with department of publicity and public relations.

**Personality Development Cell :** We know that what others don't teach you at other institutes in hands on experience. We deliver more because we feel that student are the biggest assets and we owe to the society and industry.

**Seminars/Presentation :** Seminar and presentations invoice a small group of students. Usually the group led by a staff member, discusses one aspect of a subject in depth. It can be, for example, on an exercise or case which students have worked on, or an essay that an individual student has presented, the student are encouraged to consider competing view/point to promote creative discovery.



**Hostel :** To gratify the need of students, the institute established a state of art hostel, equipped with all the modern electric & electronic gadgets i.e. Coolers, Fans, Geysers, T.V. etc . The food is being cooked and served in most hygienic conditions in hostel mess. Indoor games are also being provided.



### **Electric Sub-Station / Gen. Sets:**

We The Institute has its own Electrical Sub Station of 63KVA & 10 KVA. In order to ensure uninterrupted power supply Institute has diesel generators with a capacity of 15KVA & 10 KVA.

### **Bus Facilities :**

Bus facility will be provided to day scholars on payment basis . The Institute will also provide Bus facility to transport the students for practical training in different hospitals of the area.







## Mode of Admission

Application must be made on the prescribed form available in the prospectus only. Application complete in all respects must be sent under Registered A.D. cover addressed to Principal Rehbar Institute of Medical Sciences, Bhawanigarh or in person at the counter during office working hours along with following documents

1. Attested copies of Educational Qualifications certificates .
2. Attested copies of testimonials from the head of the institutions last attended.
3. Ten recent passport size photographs(One photograph duly pasted on the Application Form).
4. An undertaking from Parents/Guardian ensuring to meet all financial obligations of the candidate during her training period.
5. Scheduled Caste/Scheduled tribal Certificate from Tehsildar or Sub Divisional Magistrate if applicable.
6. A certificate of equivalency, if required.
7. List of visitors with their photographs and specimen signatures, who may be allowed to visit the candidate during her stay in Hostel/Training Period.
8. Medical fitness will be pre-conditions to the courses of the Institute. Selected candidates are medically examined by the Institute Doctors.

## Eligibility for GNM

**Age :** the candidate shall be 17yrs. to 35yrs. upto 30 sept. of the academic year.

**Educational Qualifications :** Minimum Qualification shall be 10 + 2 or its equivalent, minimum 40% marks.

Residence Certificate/Income Certificate are necessary

**Medical :** Candidate should be medically fit.

**Preference :** Preference shall be given to those who have passed 10 + 2 or its equivalent with science subjects i.e. Physics, Chemistry & Biology.

## Eligibility for ANM

**Age :** the candidate shall be 17yrs. to 35yrs. upto 30 sept. of the academic year.

**Educational Qualifications :** Minimum Qualification shall be 10 + 2 or its equivalent, minimum 40% marks.

Residence Certificate/Income Certificate are necessary

**Medical :** Candidate should be medically fit.



## Admissions for GNM & ANM

The following conditions would apply to admissions in GNM & ANM Course.

- (a) The admissions should be purely on merit of 10+2 marks for GNM and ANM Courses.
- (b) Preference shall be given to those who have passed 10+2 or its equivalent with science subjects i.e. Physics, Chemistry & Biology for GNM Course.
- (c) The admissions would be finalized by 31st August and the classes would commence from 1st September duration of course
- (d) If at any stage, it is found that the candidate has supplied any false information in the admission form, then her candidature for the course shall be cancelled .

## Duration of the Course

The Duration of the course for General Nursing & Midwifery (GNM) is for a period of 3½ years and ANM Auxiliary Nurse and Midwifery (ANM) is for a period of 2 years. And after this diploma courses, students get themselves registered with State Nurses Registration Council as per their normal procedure of conducting the examination.

### Method of Selection :

Eligible candidates will be called for interview before a board constituted by the management committee of the Institute.

### Eligibility for Final Examination :

To be eligible for admission to annual examination, the students should have :

- (a) Attended not less than 75% of the total classes for each paper (Lectures, Practicals and Field Work)
- (b) Completed the practical training requirements.
- (c) Records of practical experience, duly completed and signed by the principal.
- (d) Pursued a regular course of studies for a minimum period of 11 months in a year.
- (e) Met the field experience requirements

### Supplementary Examination :

- (a) The supplementary Examination will commence in March every year.



- (b) If a student fails in two or more papers or practical she shall not be promoted to the next year. She can sit for supplementary examination in the failed subjects/practicals only. If she does not clear the supplementary, she can appear in the next main examination. She shall be promoted to the next year of study only after clearing the papers either in supplementary or in the main examination. She shall be eligible for the examination of the next year after one academic of the passing the last examination(main).
- (c) If a student fails in one Theory Paper/Practical examination of third year, she will be allowed to sit for supplementary examination held subsequently in the failed subject/practical.

### Curricular Plan & Scheme for Examination (As per INC)

First Year Subject :	TM	Duration
I. Bio Sciences	100	3 Hrs
(i) Anatomy & Physiology		
(ii) Microbiology		
II. Behavioural Sciences	100	3 Hrs
(i) Psychology		
(ii) Sociology		
III. Fundamental of Nursing	100	3 Hrs
(i) Fundamentals of Nursing		
(ii) First Aid		
(iii) Personal Hygiene		
IV. Community Health Nursing -I	100	3 Hrs
(i) Community Health Nursing		
(ii) Environmental Hygiene		
(iii) Health Education and Communicable Skills		
(iv) Nutrition		
V. English	50	
VI. Practical -I Fundamental of Nursing	100	

#### SECOND YEAR

I. Medical Surgical Nursing I (including Pharmacology)		3 Hrs
II. Medical Surgical Nursing	100	3 Hrs
III. Mental Health and Psychiatric Nursing	100	3 Hrs
IV. Computer Education	100	3 Hrs
Practical -I Medical Surgical Nursing		
Practical-II Psychiatric Nursing		



### THIRD YEAR

I. Midwifery and Gynaecology	100	3 Hrs
II. Community Health Nursing -II	100	3 Hrs
III. Practical -I Midwifery	100	3 Hrs
Practical -II Pediatric Nursing	100	3 Hrs
Practical -III Community Health Nursing -II	100	3 Hrs

### Scheme for Examination as per PNRC :

All the students are to take the following examinations :

- 1. PTS Examination :** This is an internal Examination conducted by the Institute after three months of admission. Only those candidates who qualify this examination with 50% marks will be allowed to continue the training.
- 2. Internal Assessment :** This is based on the performance of the students in the class room, practical work in the wards/community field etc.
- 3. First State Nursing Examination :** After the completion of first year of training students will have to pass the House Selection Examination (which will be conducted by the Institute). Candidates who fail in this House Examination will not be allowed to take up the test for the first year. Such failure candidates will be put back by six months in their training .
- 4. Second State Nursing Examination :** After the completion of second year of training students will again be put to the House Selection Examination (which will be conducted by the Institute). Successful Candidates will be able to take the test for Second year and on successfully clearing this examination, they will be eligible for their training in third year.
- 5. Third State Nursing Examination :** Similarly, after completion of 3rd year of training and qualifying the House Selection Examination, students will be allowed to take the test for third year.

All students as well as those students who fail in any examination are required to complete minimum of 75% of the lectures before taking up the next examination.

### FEE STRUCTURE : Fee structure as per Government norms

Fee structure is subject to approval by the Government of Punjab. This may be revised.

1. Students will have to pay for the uniform & books separately.
2. Students selected shall be required to deposit their fee on the same day, after declaration of the selection list, otherwise the seat will be given to the next candidate on waiting list.

3. Tuition Fee, Boarding & Lodging fee are to be paid till 7th of every month.
4. Late fee of Rs. 25/- per day will be charged after 7th day of every month.
5. If fee is not paid with in a month the name of the student will be struck off the roles automatically & readmission fee of Rs. 2000/- shall be in addition to the late fee and student will be readmitted.
6. Fee payable in advance & other charges once paid are not refundable in full or part or any claim for refundable in full or part on any account whatsoever.
7. If a student fails to take the examination for any reason, the institute will not entertain any claim for refund of the fee.

Fees mentioned above is provisional. Fee can be changed according to by the Fee Fixation Committee.



### Examination Fee & Other Expenses :

Students will be responsible for submitting their examination fee, registration fee, travelling expenses and accommodation during their examination at the level of State Council.

#### Vacations :

**Annual Leave :** 30 days - Absence or any other kind of leave taken other than medical leave will be deducted from annual leave.

**Medical Leave :** 10 days only on recommendation of Medical Officer.

**Preparatory Leave :** 7 days prior to examination.

#### DIPLOMA :

On completion of training and passing all prescribed examinations, students will receive a diploma in " General Nursing & Midwifery " from the Punjab Nurses Registrarion Council. There after they will have to register themselves with the PNRC and obtain a Registration Certificate for practice.

#### Dress Code :

The following uniform is compulsory for the students during their training course:

- a) On Duty : Pink suits along white aprons, length prescribed is one inch below the knees.
- b) Black shoes with white socks. No jewellery is allowed with uniform and hair should be properly tied up.
- c) Off Duty : Students must change over to their casual wear.
- d) Winter Scheme : Black Jersey with V-neck. Black mufflers & gloves are permitted off the classes & duty.

#### Attached Hospitals for Practical/Nursing Training Experience :

- |   |                                    |
|---|------------------------------------|
| 1. Rajindra Hospital, Patiala                             | 2. Mata Kaushlya Hospital, Patiala |
| 3. Govt. Mental Hospital, Amritsar                        | 4. Civil Hospital, Sangrur         |
| 5. Civil Hospital, Nabha                                  | 6. Civil Hospital, Samana          |
| 7. Civil Hospital, Sunam                                  | 8. Civil Hospital, Malerkotla      |
| 9. Civil Hospital, Dhuri                                  | 10. CHC cum PHC - Bhawanigarh      |
| 11. Amar Multi Specility Hospital, Patiala                |                                    |
| 12. Khan Hospital & Maternity Home, Bwg (Parent Hospital) |                                    |



## **NURSING TRAINING & DUTY :**

### **General & Disciplinary Norms of the Institute :**

1. The Director Chairman of the college shall have the right to reject the candidature of any student seeking admission without any reason.
2. The Director - Principle will have the right to cancel admission of any.
3. Student on disciplinary grounds during the Course at any time.
4. Attendance of minimum 75% of delivered lectures in each paper will constitute the basic eligibility for each final examination.
5. Fees once deposited shall not be refunded.
6. Fee must be deposited at time otherwise the candidate has to pay the late charges.
7. For gross indiscipline, a student can be eliminated from the Institute in that event, no refund of any type of deposits will be made.
8. Any student who wants to leave the Institute before the completion of course, has to pay the fee charges of the complete course.



### **Disciplinary Actions :**

Students must abide by the rules and regulations of the Institute and any disobedience or taking part in the strike or any kind of activity to create any disturbance in the Institute discipline will be seriously looked into. The Institute will not be responsible for any loss/damage from what so ever cause, arising to any properly belongings to the students living in the hostel. They are advised to leave all the valuable and jewellery etc in their homes. Students shall be responsible for any loss/breakage of the Institute equipment caused through the negligence, and they shall be charged accordingly to mitigate the same. The amount may be added to their fee installments etc.

Mobile Phone are not allowed in classroom & hostel.

### **Migration :**

Migration from RIMS to any other Institute/School for the same programme is not permitted without the prior approval of the concerned Principal of both the Institutes. If any student wants to discontinue her studies due to any reasons, she shall have to deposit the full amount of admission fee as well as Tuition fee for the entire course .

### **Legal Assistance & Jurisdiction**

All disputes will be subjected to the jurisdiction of the courts at Sangrur only.



## HOSTEL FACILITY :

Hostel facility is available to all deserving students. The hostel accommodation is on twin/triple sharing basis and speak of comfort, hygiene, quality & safety, Hostel accommodates a dining hall, recreation room and other necessary facilities.

### Hostel Norms :

The student has to abide by the rules and regulations prescribed by the authorities from time to time.

It is compulsory for the students residing in hostel to eat in the hostel mess. Payment for the food is on monthly basis. Charges are liable to change with prior notice of one month.

- a) Student should co-operate in the upkeep of hostel and its good name.
- b) Rooms should be kept clean and tidy. Students are fully responsible for furniture supplied to them.
- c) Cup Boards/Boxes should be properly locked. Jewellery and Expensive items are not permitted in the rooms.
- d) Allotment of rooms is made by the Warden but change can be made on request.
- e) Water in Hostel is available for 24 hrs but wastage and carelessness will render the students disciplinary action.
- f) Relatives are not permitted in the rooms.
- g) Parents/Relatives should visit the students during visiting hours from 10-00 a . m . t o 12-00 Noon and 3-00 p.m. to 5-00 p.m. in warden's office on Sunday.
- h) If parents wish that their wards can travel alone they should give their consent in writing to Principal. The departure & arrival time must be entered in the register maintained by the college.
- i) Training can be discontinued in case of misconduct.
- j) Food will be provided in the dining hall only.
- k) Towels/buckets shall not be left in the bathrooms and cloth/cotten/refuse etc. is to be thrown in the dustbins. Misuse of Bathrooms will be severely punishable.
- l) Heaters/Stoves/Electric irons are not allowed to be used in the rooms, which may invite penalty of at least Rs. 500/-.
- m) Students must sleep in their own resp. beds and in their own rooms only.
- n) Take care not to leave water taps or lights on, when not needed. Economy in use will be appreciated.
- o) Night duty students are not allowed to go out before 4-00 p.m. except with prior permission, before /after a night duty off.
- p) Except for going on duty, prior permission to leave the hostel will have to be taken by the student before leaving the hostel, that even for specified time only. On return from leave taken, return of the student to hostel shall have to be notified by the student to the hostel warden.
- r) Hostel Warden/Principal or Person nominated to do so by the Managing Director of Institute can check the hostel room anytime.
- s) students are required to follow the rules & regulations of the Hostel/Institute from time to time and must maintain discipline and decency during the training period.
- t) Students are not allowed to meet any visitor, not mentioned in the list of visitors permitted by her parents/guardians which is submitted at the time of admission.
- u) Visitors/Relatives of the students are not allowed to stay in the hostel during night hrs. In case of lady visitor, special prior permission for stay shall have to be taken from the Hostel Warden/Principal/Managing Director.



*Pioneer of Modern Nursing*



*Miss Florence Nightingale*

( 12th May 1820 to 13th August 1910 )

[www.rehbarinstitutes.com](http://www.rehbarinstitutes.com)

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